



Port Moody Times

Tuesday
December 3, 2024
Day 1

TRAFFIC

The last week or so we know that it has been hard to access Albert Street from St. Johns. We have been in contact with Macron the contractor at the bottom of the hill. They have completed some of the civil work at the corner of Albert Street. Unfortunately for the next two weeks they will be working in the turning lane on the north side of their project. (They are hoping that this will minimally affect the intersection and Albert Street.) They are attempting to line up the work they need to do on Albert Street for when school is not in session over the holiday break . However, when we return from break, traffic will be impacted until approximately Jan 16th.

We are encouraging families to pick a spot away from the school to drop off students. Students can walk to the school from these drop off spots away from Albert Street and the school student parking lot. We ask that if families do this, they are respectful of our neighbors. Unfortunately, we often hear from our neighbors of families blocking access to private driveways. We are also reminding all families that the upper parking areas above the cross walk/school gates are not to be used by families for pick up and drop off.

Thank you in advance for trying to help with this situation.

Port Moody Administration

LOST & FOUND

There are tables set up with Lost & Found items by the front entrance near the MPR. Please take a look during lunch or after school if you have lost anything this school year. Any unclaimed belongings will be donated.

MISSING

A student has lost their black Senheizer headphones. Please return it to the office if found.

PMSS

FOOD DRIVE

BRING CANNED GOODS FOR PRIZES!

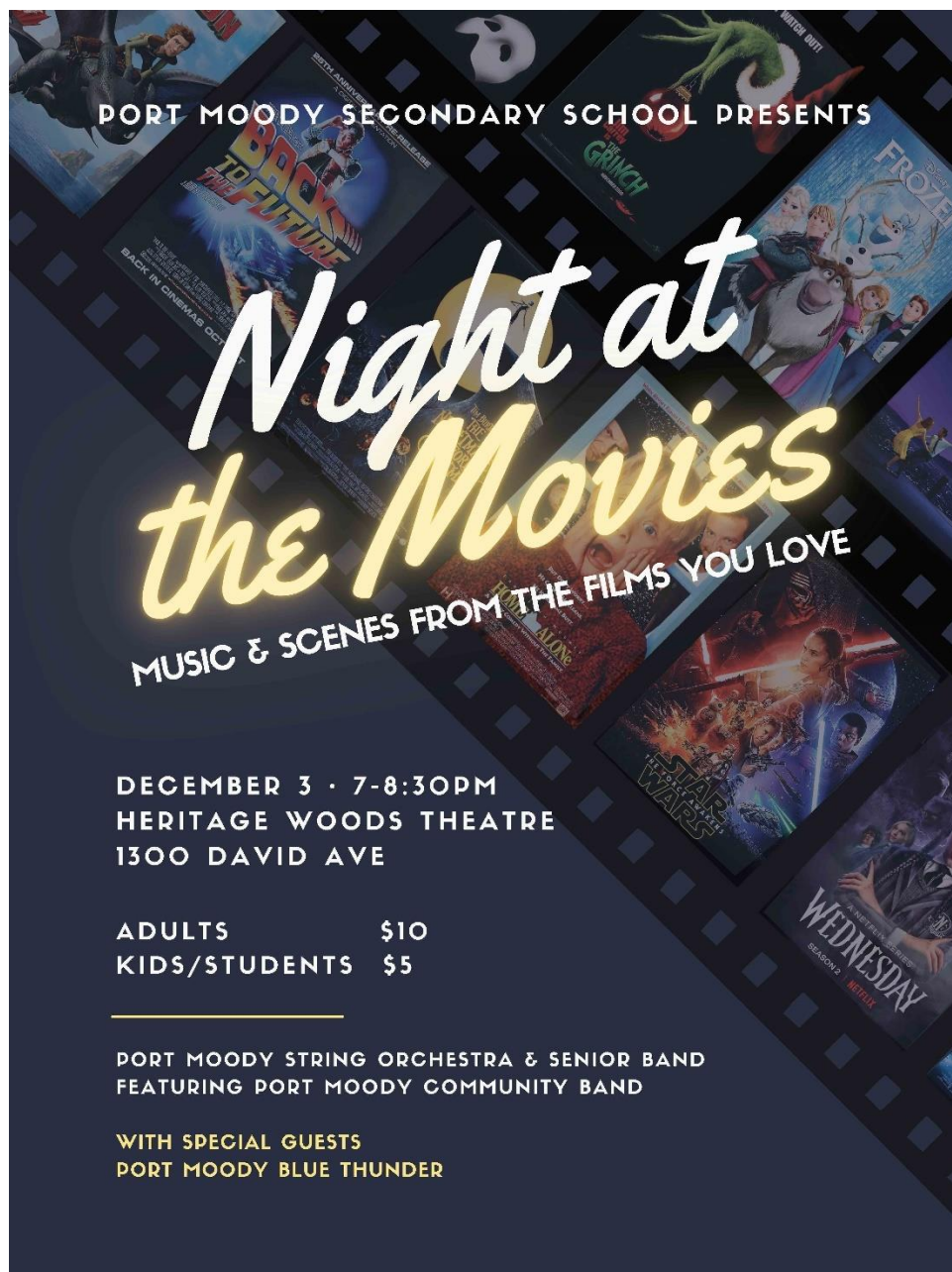
2- 17 DECEMBER 2024

Bring canned food during December and win prizes for your class!

Santa's Wish List

Preferred foods

- Canned Diced Tomatoes
- Chunky Tomato Sauce
- Canned Fruits
- Canned Vegetables (Corn and Mushroom)
- Canned Fish and Meats (Tuna and Ham)
- Instant Oatmeal and Cereal Variety Packs (Single Serving Packages)
- Canned Meals (Beans in Tomato Sauce and Beef Chili, Stew)
- Pasta (900g or smaller)
- Extra Virgin Olive Oil (1L or smaller)



YEARBOOKS

The PMSS 2024-2025 yearbooks are now available for purchase. They are \$60 per yearbook and can be purchased on Cash Online. They sold out very quickly last year so don't delay in getting one before they sell out.

MATH HOODIE PRE-ORDER

We are looking to purchase our second bulk order of hoodies, now that the inventory of the first round is sold out. There were lots of students that missed out on the first set of orders so we're bringing it back one more time! If you are interested in purchasing a math hoodie, please fill out this form: <https://forms.office.com/r/JpgJSaadme> Make sure you fill this out before Friday, December 20th. I will order the hoodies in January 2025.

TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It's a drop-in program, you don't need to sign-up for tutoring! If you're interested in being a tutor, please see Ms. Nembhard in the office.

BLUES RUN CLUB (SUN RUN)

Are you an amateur runner or wanting to break a new personal best? Join the Blues Run Club 10k Sun Rype Youth Team Challenge with Port Moody Secondary next April! Students + friends and family welcome! (signing up with us is cheaper than individual pricing). Contact 088-jryu@sd43.bc.ca for more information.

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

GR. 12 OFF-BLOCK STICKERS

Gr. 12 students who need an off-block sticker can pick them up at lunch or after school at the office. Please bring your Go-Card and a copy of your schedule.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you’re at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you’re on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

PMSS TIMES: The PMSS Times will be distributed on *Tuesdays* and *Thursdays*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don’t forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)

Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
Langara	December 4th	11:56 – 12:36pm (lunch)	Drama Room
University Canada West	December 5th	11:58 - 12:40pm (lunch)	MPR (booth)

Western Ivey AEO Virtual Essay Workshops is happening on Wednesday, December 11th 2024 either at 5am – 6am linked [HERE](#) or from 4pm – 5pm linked [HERE](#). This virtual workshop is designed to provide valuable guidance to students as they refine their supplemental essays. Students can learn about what will make their essays stand out, learn how to showcase leadership, initiative, and personal strengths, and get specific questions answered and receive feedback tailored to their writing.

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

NEW Strive Case Competition 2025 is happening on February 22nd and 23rd 2025 at UBC Sauder School of Business and Robert H. Lee Alumni Centre! Registration closes on Dec 15th 2025, with a \$95 registration fee per attendee. Attendees can look forward to attending workshops hosted by renowned speakers, competing against other like-minded individuals, and immersing themselves in the wonderful world of business. With the emphasis on the intersection between business & technology and the brand new 2 day conference format, we invite you to experience the reimagined Strive. For more info, or to register, click [HERE](#)!

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

NEW City of Coquitlam – Park Spark Light Brigade is still looking for volunteers for on-going or drop-in volunteer activities throughout December! If interested, email parkspark@coquitlam.ca. For more detailed information, click [HERE](#)!

Elephanatics is looking for ongoing Student Ambassadors to spread the word about the ongoing poaching and human elephant conflict crises facing the African elephant. Students would be expected to formulate new and creative ways to share our cause, and finding other students to assist you with community outreach. For more information, or to sign up, click [HERE](#)!

Irvine Elementary - Pancake Breakfast with Santa is looking for volunteers for their event on Saturday December 14th from 8:30am – 11am! There are 5 spots available. If interested, please contact jessw811@hotmail.com

SHARE Gift Wrap and Toy Bank 2024 is looking for volunteers to help manage donated toys and help gift wrap presents at Coquitlam Centre Mall. Times available between December 2nd and 24th. Click [HERE](#) to sign-up!

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* Society of Punjabi Engineers & Technologists (SPEAT) of BC Entrance Scholarship** (Value: \$1500) is open until December 31st 2024. If you are a full-time student in Gr. 12 at a high school in BC that plans on pursuing post-secondary studies upon graduation in an engineering or technology related field of study, consider applying or finding more information [HERE](#)!

***NEW* Gr. 11 Horatio Alger Scholarship** (value: <\$25,000) is open until March 31st 2025. It is open to Canadian **Grade 11** students who plan to graduate high school and enter university in Fall 2026, prove critical financial need (\$65,000 or less annual net income per family is required), involved in community activities, have a minimum grade average of 70%, and display integrity and perseverance in overcoming adversity. Please click [HERE](#) for more information or to apply!

***NEW* 2024-25 Western National Scholarship** (value: <\$100,000) is open for nominations! If you applied to Western University with a minimum overall academic average of 90% on all Gr. 12 courses with strong extracurriculars, consider applying! Students must be nominated by the school. Nomination forms can be found on PMSS Career Centre TEAMS or [HERE](#)! Please submit completed nomination forms to MoodyScholarshipSubmission@sd43.bc.ca by January 13th 2025. PMSS can nominate 4 students (or 1 extra if one is international).

***NEW* BC School Superintendents Association (BCSSA) Gr. 12 Scholarships** (value: \$1500) is open until March 3rd 2025. If you are a Gr. 12 student planning to pursue post-secondary studies and have demonstrated distinctive leadership that has made significant impacts to the social, ethical and collaborative fabric and practice of school(s) and community, then consider applying or getting more info [HERE](#)!

***NEW* Alberta University of the Arts – ShowOff! Competition** is now open for any Gr. 10, 11 & 12 students until January 31st 2025! Gr. 12's can win a \$2500 tuition credit to AUArts while Gr. 10's & 11's can win technology or art packs filled with your choice of high-quality materials. Bonus for winners is their high school will receive a bursary to buy art supplies! Students may submit a maximum of 3 artworks in any medium. For more information, or to apply, click [HERE](#)!

***NEW* CMOLIK Foundations Scholarship** (value: <\$45,000) is open for nominations until January 10th 2025. If you are a Gr. 12 student who has lived in Canada for at least 7 years, have faced adversity, demonstrated financial need, planning to attend post-secondary and is ineligible for the BC Tuition Waiver Program (for former youth in care), consider applying. Please fill out a financial need form and CMOLIK Foundations nomination form that can be found in the PMSS Career Centre TEAMS or PMSS Career Centre TEAMS website or ask Ms. Chang and return it to MoodyScholarshipSubmission@sd43.bc.ca by January 10th 2025.

Pathway to Teacher Education Scholarship (value: \$5000) is open until February 17th 2025. If you are a Gr. 12 Canadian or Permanent Resident graduating student who has demonstrated a commitment to and aptitude for a career in K-12 teaching and will be attending an approved teacher education program in the Faculty of Education with a B average, consider applying [HERE](#)!

JANUARY MARIE LAPUZ YOUTH LEADERSHIP AWARD

This annual award is given to exceptional youth 16 to 30 who have shown commitment and leadership within the 2SLGBTQ+ community. The winner receives a cash prize of \$1000, First Runner Up receives \$600, Second Runner Up receives \$400. Honorable mentions receive \$200 and Emerging Leaders receive \$200.

Sher Vancouver would like to recognize all those youth who work tirelessly for the 2SLGBTQ+ community and we would appreciate your help to spread the word about this award.

The deadline to receive applications is December 31, 2024. Please click on the link below for full details about the award and to learn more about Sher Vancouver.

<https://januaryfilm.com/youthaward/#apply>

BC Excellence Scholarships (value: \$5000) are open for any Gr. 12 Canadian or permanent resident students that have at least a B in Language Arts 12, and B in final course marks that fulfill graduation requirements of Science 11 or 12, Math 11, and Social Studies 11 or 12 with no more than a C+, and maintain a B or better average in grades 11 & 12 final course marks required for graduation. **You must be nominated by your school.** The nomination deadline for Port Moody Secondary students is January 10th 2025 (the external deadline is February 17th 2025. You can find the nomination forms on PMSS Career Centre TEAMS, or the PMSS Career Centre website. Please come ask Ms. Chang if there are any questions. For more information, click [HERE](#).

TCF Refugee Awards (4 awards available each valued at \$4000) are open until January 31st, 2025. If you are a Gr. 12 student who entered Canada as a refugee and studied English language (EL) in BC or elsewhere in Canada, wishes to study in a vocational or academic program at a post-secondary institution in BC, and have documented school and/ or community volunteer experience, then consider applying [HERE](#)!

TCF David Lam/ BC TEAL English Language Learner Scholarship Award (value: \$4000) is open until January 31st 2025. It is open for permanent residents of Canadian citizens who are a BC Gr 12 graduate and wishes to attend a BC post-secondary institution. Students must have completed a minimum of one English Language (ELL) course taken in Gr. 9-12 and must provide documented school or community service. Click [HERE](#) for more information or to apply!

Canada Company Awards (valued at \$5000 per academic year for a max. of 4 years) is open for any students as long as they are eligible. Youth 16-24 who are enrolled (or will enroll) in full-time post-secondary education and has a parent that was lost while actively serving in the Canadian Armed Forces and Reserves are able to apply [HERE](#)!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

AFTER GRAD FUNDRAISERS

🎓 After Grad 2025: We Need Your Support! 🎓

The After Grad planning committee, made up of parent volunteers, is hard at work creating a safe, fun, and unforgettable celebration for our grads this year. We are so grateful for the incredible support from our community—this event wouldn't be possible without you!

We need more help, and ask that you please support us in our efforts to make this a memorable event.

👉 Follow us on [Facebook](#), [Instagram](#), and visit our [After Grad website](#) to learn more! ☀️



Growing Smiles FUNDRAISING

Winter Plants, Pointsettias, Wreaths, Succulents & More...

Order Now! Just in time for the holidays!
Place your order by December 2nd, 2024

AfterGrad PMSS 2025

Scan the QR code for more details.

Growing Smiles Fundraiser: Holiday Plants & More!

We're selling winter plants, poinsettias, wreaths, succulents, and more to raise funds for our After Grad celebration. Help us hit our fundraising goals and bring some festive cheer to your home! Pickup at Port Moody Secondary on December 10th at 7:30pm. **Don't wait – orders are due by December 2nd!**

👉 [Link to order - Click Here](#)



Neufeld FUNDRAISING

Appetizers | Gourmet Entrees | Desserts

Order Now! Just in time for the holidays!
Place your order by December 2nd, 2024

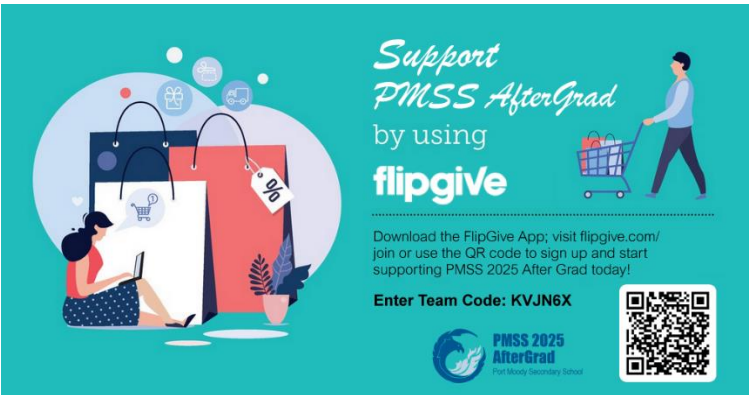
AfterGrad PMSS 2025

Scan the QR code for more details.

Neufeld Farms Fundraiser: Stock up the Freezer for the Holidays!

Get your holiday gatherings started with delicious appetizers from **Neufeld Farms**! From tasty selections of appetizers, gourmet entrees, and desserts are sure to impress your guests and make your holiday parties stress-free! Pickup at Port Moody Secondary on December 10th at 7:30pm. **Order deadline is December 2nd.**

👉 [Link to order - Click Here](#)



Support PMSS AfterGrad
by using **flipgive**

Download the FlipGive App; visit flipgive.com/ join or use the QR code to sign up and start supporting PMSS 2025 After Grad today!

Enter Team Code: KVJN6X

PMSS 2025 AfterGrad
Port Moody Secondary School

FlipGive Fundraiser – Shop & Support PMSS After Grad!

It's easy to support After Grad while you shop! With our FlipGive fundraiser, every time you make an online purchase or buy gift cards through participating stores, a portion of the proceeds comes directly to us. Whether you're doing your holiday shopping or picking up essentials, you can help raise funds for the After Grad celebration without spending any extra! Here's how it works:

1. **Shop** online at over 500 top brands, including your favourite stores!
2. **Earn** a percentage of your purchase back for After Grad.
3. **Support** the grads while you shop—it's that simple!

This fundraiser runs now through June 2025, so you can shop and support anytime!
Get started now and start earning funds for a great cause.

👉 [Start Shopping & Supporting Now: Team Code KVJN6X](#)

COMMUNITY

{MEDIClover}

According to the researchers from University of British Columbia (UBC), Harvard Medical School and Memorial Sloan Kettering Cancer Center (MSK), they have found out early genetic origins of breast cancer-like mutations appearing in the cells of healthy women. Furthermore, genetic alterations were only detected in the luminal cells that line the lobules and ducts where milk flows through the breast. In addition, the majority of mutated cells contained only one or two copy number alterations, and it's known that it takes multiple mutations to form a cancer.

More Information: [Luminal breast epithelial cells of BRCA1 or BRCA2 mutation carriers and noncarriers harbor common breast cancer copy number alterations | Nature Genetics](#)

If your still curious about Genetic mutation Check this article out: [Cancer-like mutations in healthy cells point to genetic origins of breast cancer](#)



Youth Swiftie Skate

This youth skate for grades 6-12 will feature all Taylor Swift music, and youth are encouraged to bring and exchange friendship bracelets throughout the night!

Register
25-hours in
advance

Friday, Dec 6 8-9:15pm

Check in and bag check begins at 7:30pm

Visit portmoody.ca/signmeup to register.

For youth
ages 11-15
years



Holiday Camp for Youth



Monday, Tuesday and Friday, Dec 23-27


Mon, Tues, Thurs and Fri, Dec 30-Jan 3

9am-3pm Recreation Complex

Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit portmoody.ca/signmeup to register NOW!

 @pomoyouth | portmoody.ca/Youth | 604.469.4556

PORT MOODY
CITY OF THE ARTS